RICH ALERCIO SPEAKING VENUES

Jan 15 Championship Football Clinic Bergen NJ Jan 27 USA Football National Conference Orlando, FL

Feb 24 Glazier Clinic, Atlantic City NJ

TESTIMONIALS

"The Clarity of your teaching simplifies the game tremendously."

Mike Kuchar. X&O Labs, Senior Research Manager

"As a coach and parent thanks for a great clinic! We had 3 underclassmen have to step into starting roles up front this year because of graduation and injury. All 3 attended your clinic and that began the training and focus that helped lead us to our <u>first state</u> <u>championship in 38 years</u>. We have young men that attend every year and they all come away better linemen. **We** all get something out of your clinic each year."

Jim DeSarno, Westfield HS NJ

"The O-Line techniques that were learned and reinforced at this clinic were a major reason why we were able to capture the <u>South Jersey Group 5</u> <u>State Championship!</u> We had two 1,200 yard rushers, as a team we rushed for 3,400 yards and total over 4,800 yards of offense."

Bill Dowd, Toms River North HS, NJ

"I have attended your camps in March the past few years. This year we excelled and won our <u>first</u> section championship in twenty two years. Your system gave our Oline confidence that spread threw out the entire football team."

Brian Maceyak, Pleasantville HS NY

"Fundamentals are key at all positions but most important for the offensive line. Coach Alercio does a phenomenal job of teaching linemen fundamentals. This is the quickest, most efficient way to improve your offensive line. If you want to dominate the line of scrimmage and protect your quarterback, Coach Alercio's camp is the best out there. It has helped me coach <u>3 different 2,000 yard rushers</u> in the Shore Conference"

Tom Gallahue, Central Regional HS, NJ

Rich Alercio O-Line LLC 1000 Main Street St Johnsbury VT 05819

American Football Monthly, July 2008 "Rich Alercio, a guru in offensive line play in the Northeastern part of the country."

17th Annual



TEACHING TECHNIQUES TRENCHES

Sunday, March 25

The Hun School of Princeton NJ

8:45am - 1:00pm



Coaches Attend for Free

<u>www.olineskills.com</u>

REGISTRATION FORM - Print Clearly
Name:
High School:
Graduation Year:
Email:

Phone:

T-Shirt Size: M L XL XXL

REGISTRATION FEES

Туре	# Attending	Cost	Total
Regular	@	\$40	
O-Line (5+)	@	\$35	
Walk-up	@	\$50	

Payment Options:

- 1. Check sent by mail
- 2. Venmo @Rich-Alercio
- 3. Cash at the door

RETURN FORM AND PAYMENT TO:

Rich Alercio OLine

1000 Main Street

St Johnsbury, VT 05819

OR

Scan & Email to <u>richalercio@gmail.com</u> with payment through Venmo

WAIVER

I realize that participation in any athletic activity involves risk of injury. I hereby agree to waive any claim against Rich Alercio, The Hun School, O-Line LLC and its instructors for any injuries suffered by my child during this clinic.

Parent Signature Date

OLINE SKILLS

2 & 3-Point Stance

5 Run Steps:

Base, Reach, Angle, Bucket, Pull

2 Pass Steps: Kick, Power

Run & Pass Punches

Drive Block Techniques

Man Blocking Schemes

Jump Set Blocking Techniques

Draw Blocking Schemes

Combo Blocking Techniques

Zone Blocking Schemes

Down Block & Pulling Techniques

Gap Blocking Schemes

Pass Blocking Techniques

Slide Pass Protection Scheme

SCHEDULE

8:00 Check-in / Walk-up Registration

8:45 Introductions / Orientation

9:00 Clinic Instruction

9:30 Transition to Field

9:45 Individual Drills & Group Installs

11:20 Break

11:40 Drills & Installs Continued

1:00 Check-out

TUITION

- \$40 Regular pre-registration Fee
- \$35 OLine Discount Fee (Schools bringing 5 or more players)
- \$50 Walk-up registration Fee
- OLine discount does not apply to Walk-ups
- No personal checks accepted at the door.
- No Fee for coaches!

WHAT TO BRING

- ✓ Sneakers or Turf Shoes
- ✓ Shorts & T-Shirt (Indoors)
- ✓ Sweats (Outdoors)
- ✓ Snack & Drink
- ✓ A GREAT attitude!!
- ✓ NO Football equipment needed

CONTACT INFORMATION

Coach Rich Alercio richalercio@gmail.com 609-433-3412

https://twitter.com/OLineSkills/https://www.facebook.com/olineskills/

DIRECTIONS

GPS to:

The Hun School of Princeton

176 Edgerstoune Road, Princeton, NJ

ELECTRONIC BROCHURE

https://olineskills.com/

CLINIC INSTRUCTION

https://www.youtube.com/channel/UC9GfLnCIpLEV8UvMHUFHOaA