

RICH ALERCIO SPEAKING VENUES

Jan 20 Championship Football Clinic, NJ
Feb 27-28 New England Nike COY Clinic, CT
Mar 14 North Jersey/NYC Glazier Clinic, NJ

TESTIMONIALS

” The Clarity of your teaching simplifies the game tremendously.”

Mike Kuchar. X&O Labs, Senior Research Manager

“My relationship with Coach Alercio goes back the late 80’s at which time, he was my offensive line coach at West Chester University. I have been bringing my players to his Offensive Line Clinics since 2002. **There is not a more knowledgeable coach of offensive line play than Coach Alercio.** In my 10 seasons at Holy Cross, we had a lot of success running the ball, and so much of that, is because of the techniques and schemes that we learned at the OLine Clinic. Many of the drills taught were drills that we used every day on the practice field during the season. His system of teaching linemen will have your players prepared and playing with a high level of confidence. Our players, including my own son, always looked forward to attending the OLine Clinic. It was the “unofficial” start to the season for us.”

Frank Holmes, Former HC, Holy Cross Academy NJ

“I have attended your camps in March the past few years. This year we excelled and won our **first section championship in twenty-two years.** Your system gave our OLine confidence that spread threw out the entire football team.”

Brian Maceyak, Pleasantville HS NY

“As a coach and parent thanks for a great clinic! We had 3 underclassmen have to step into starting roles up front this year because of graduation and injury. All 3 attended your clinic and that began the training and focus that helped lead us to our **first state championship in 38 years.** We have young men that attend every year and they all come away better linemen. We all get something out of your clinic each year.”

Jim DeSarno, Westfield HS NJ

Rich Alercio
O-Line LLC
1000 Main Street
St Johnsbury VT 05819

“ Rich Alercio, a guru in offensive line play in the Northeastern part of the country.”

American Football Monthly, July 2008

Alercio OLINE Clinic

TEACHING TECHNIQUES For The TRENCHES

Sunday, March 15 12:45 - 5:00pm
Malvern Prep PA

Sunday, March 22 8:45am – 1pm
The Hun School of Princeton NJ

Sunday, March 29 8:45am – 1pm
St Johnsbury Academy VT



Coaches Attend for Free

REGISTRATION FORM - *Print Clearly*

Name:

High School:

Graduation Year:

Email:

Phone:

T-Shirt Size: M L XL XXL

REGISTRATION FEES

Type	# Attending	Cost	Total
Individual	@	\$50	
O-Line (5+)	@	\$40	
Walk-up	@	\$60	

Check the clinic(s) you will be attending:

	March 15 @ Malvern Prep (PA)
	March 22 @ The Hun School of Princeton (NJ)
	March 29 @ St Johnsbury Academy (VT)

RETURN FORM AND PAYMENT TO:

Rich Alercio OLine

1000 Main Street
St Johnsbury, VT 05819

OR

Scan & Email to richalercio@gmail.com with
payment through Venmo @Rich-Alercio

WAIVER

I realize that participation in any athletic activity involves risk of injury. I hereby agree to waive any claim against Rich Alercio, Malvern Prep, The Hun School, St Johnsbury Academy, O-Line LLC and its instructors for any injuries suffered by my child during this clinic.

Parent Signature

Date

O-LINE SKILLS

2 & 3-Point Stance

5 Run Steps: Base, Reach, Angle, Bucket, Pull

2 Pass Steps: Kick, Power

Run & Pass Punches

Steps, Visual Targets & Strike Points for:

-Drive Block -Jump Set Block

-Reach Block -Combo Block

-Down Block -Double Team

Pulling Techniques

Man Blocking Schemes

Zone Blocking Schemes

Gap Blocking Schemes

Pass Blocking Techniques

Slide Pass Protection Scheme

SCHEDULE

8:00* Check-in / Walk-up Registration

8:45 Introductions / Orientation

9:00 Clinic Instruction

9:30 Transition to Field

9:45 Individual Drills & Group Installs

11:20 Break

11:40 Drills & Installs Continued

1:00 Check-out

*Add 4 Hours to times for Malvern Clinic

TUITION

- \$50 - Regular pre-registration Fee
- \$40 - 5 or more players from one school
- \$60 - Walk-up registration Fee
- OLine discount does not apply to Walk-ups
- No personal checks accepted at the door.
- No Fee for coaches!

WHAT TO BRING

- ✓ Sneakers and Cleats
- ✓ Shorts & T-Shirt (Indoors)
- ✓ Sweats (Outdoors)
- ✓ Snack & Drink
- ✓ A GREAT attitude!!
- ✓ NO Football equipment needed

CONTACT INFORMATION

richalercio@gmail.com 609-433-3412
<https://twitter.com/OLineSkills>
<https://www.facebook.com/olineskills/>

DIRECTIONS

GPS to: **Malvern Prep**
418 S Warren Ave, Malvern PA
GPS to: **The Hun School of Princeton**
176 Edgerstoune Road, Princeton, NJ
GPS to: **St Johnsbury Academy**
1000 Main Street, St Johnsbury VT

ELECTRONIC BROCHURE

<https://olineskills.com/>

CLINIC INSTRUCTION

<https://www.youtube.com/channel/UC9GfLnCIpLEV8UvMHUFHOaA>