

TESTIMONIALS

“The clarity of your teaching simplifies the game tremendously”

Mike Kuchar. Co-Founder X&O Labs



“Love what Coach Alercio, @OLineSkills does. I continue to pick up OLine tips at his clinics. If you’re an OLine Coach or player, this is a must attend!”

Joe Scali, Randolph HS NJ

“You and your team put on a perfect clinic. OLine work is so technical and you broke down the skills in an understanding method”.

Bob Stone, Mascoma HS NH

Rich Alercio
O-Line LLC
1000 Main Street
St Johnsbury VT 05819

“ Rich Alercio, a guru in offensive line play in the Northeastern part of the country.”

American Football Monthly, July 2008

Alercio
OLINE
Clinic

TEACHING TECHNIQUES *For The* TRENCHES

The Hun School of Princeton NJ

Sunday April 23

St Johnsbury Academy VT

Sunday June 11

9:00am – 1:00pm



Coaches Attend for Free
Discounts for Teams

www.elineskills.com

REGISTRATION FORM - *Print Clearly*

Name:

High School:

Graduation Year:

Email:

Phone:

T-Shirt Size: M L XL XXL

Type	# Attending	Cost	Total
O-Line (5+)	@	\$40	
Individual	@	\$50	
Walk-up	@	\$60	

Make checks payable to: **Rich Alercio OLine**

RETURN FORM AND PAYMENT TO:

Rich Alercio OLine

1000 Main Street
St Johnsbury, VT 05819

OR

Scan & Email to richalercio@gmail.com
with payment through Venmo @Rich-Alercio

WAIVER

I realize that participation in any athletic activity involves risk of injury. I hereby agree to waive any claim against Rich Alercio, The Hun School, St Johnsbury Academy, Alercio OLine LLC and its instructors for any injuries suffered by my child during this clinic. I allow the use of photos taken to be used for promotions.

Parent Signature

Date

OLINE SKILLS

2 & 3-Point Stance

4 Run Steps: Base, Reach, Angle, Bucket

2 Pass Steps: Kick, Power

Run & Pass Punches

Steps, Visual Targets & Strike Points

for:

-Drive Block

-Double Team

-Reach Block

-Combo Block

-Down Block

-Cut off Block

Pulling Techniques: Skip, Flat, Lead

Man, Zone, and Gap Schemes

Pass Sets vs Outside & Inside Rushers

Pass Blocking Techniques

Slide Pass Protection Scheme

MISSION STATEMENT

There is a saying in football that **games are won in the trenches.** Alercio OLine Clinics have specialized in teaching techniques for the trenches for over 20 years. We believe that the true “**Skill Players**” in football are the offensive linemen. We teach the coordination and execution of learned physical tasks that allow linemen of any size to achieve both individual and team success.

TUITION

- \$40 - 5 or more players from one school
- \$50 - Regular pre-registration fee
- \$60 - Walk-up registration fee at the door



CONTACT INFORMATION

609-433-3412

richalercio@gmail.com

<https://twitter.com/OLineSkills>

<https://www.facebook.com/olineskills/>

DIRECTIONS

GPS to: **St Johnsbury Academy**
1000 Main Street, St Johnsbury VT
The Hun School of Princeton
176 Edgerstoune Road, Princeton, NJ

ELECTRONIC BROCHURE

www.olineskills.com

LINK TO VIDEO SESSION

[Base 2 Steps - YouTube](#)